



ATHLETIC HALL OF FAME



Sheila Gisbrecht

Class of 1995

Volleyball and Track & Field

Sheila was a 2-sport standout who earned All-America honors in track & field and NCAC Player of the Year honors in volleyball. In track and field, she was unbeatable in the shot put in NCAC competition, taking 4 straight conference championships both indoors and outdoors. A remarkable athlete, Sheila placed at the NCAC championships in 8 different events (shot put, javelin, discus, long jump, 55 hurdles, triple jump, high jump, and 100 hurdles), earning a total of 13 all-conference citations and helping the Bishops capture two conference titles and 3 runner-up finishes. Her senior year, she placed in the javelin and the discus to help OWU win the NCAC outdoor title. She earned All-America honors in the shot put with an eighth-place finish at the 1995 NCAA Division III outdoor meet. Indoors that year, she just missed All-America honors with a seventh-place finish at the NCAA meet. As a junior, she won the shot put with an NCAC-record throw, placed in the long jump, and the 55 hurdles as OWU won the 1994 NCAC indoor title, then went on to finish 14th in the shot at the NCAA Division III meet. Outdoors that year, she won her first All-America citation with a seventh-place finish at the 1994 NCAA Division III meet. Also a 3-time All-NCAC selection in volleyball, she capped her career by receiving NCAC Player of the Year honors her senior year. She led the NCAC in kills as a senior (3.39/game) and helped the volleyball team reach the finals of the NCAC tournament for the first time (1992), compile an 8-0 regular-season conference record for the first time (1993) and win its first-ever NCAC championship (1994). The Bishops went 88-49 during her 4 years.

Sheila is employed with the Columbus Zoo and Aquarium. She has also been Ohio Wesleyan's own beloved Assistant Volleyball Coach for ten years and is a member of the Columbus Jaycees.